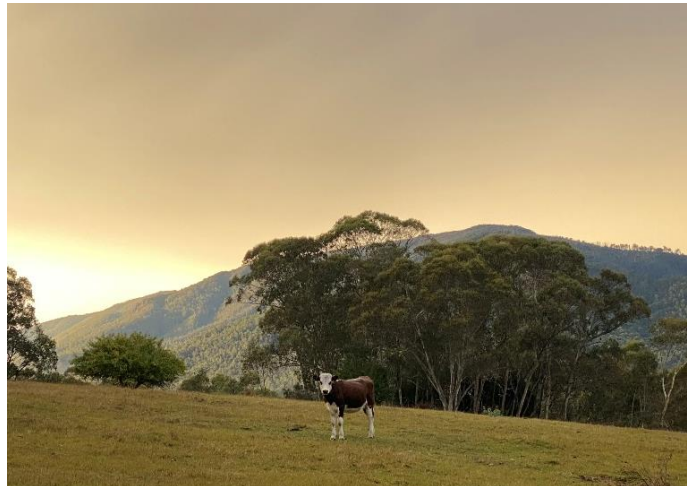


What You Should Know About Mittagundi

What is Mittagundi?

Mittagundi Outdoor Education Centre is an independent non-profit organisation established with the belief that young people, mountains, purposeful work, and challenges are natural partners. The main purpose of Mittagundi is to provide programs for young people (14 to 17) to explore Victoria's high country and themselves.

The beautiful 400acre farm is located near the old gold mining town of Glen Valley, on the Upper Mitta Mitta River, north of Omeo, VIC (approximately 6 hours from Melbourne). You will be challenged to experience life without modern gadgets, makeup, time, or electricity. Instead, you will be invited to contribute to daily life on the farm and challenge yourself through new experiences with the natural world and others.



The atmosphere at Mittagundi is simple, honest, and happy. There are no watches, no timetables, and no money. Instead, there is an opportunity for you to live and work together with other young people in an environment where people matter more than anything else.

Why Choose Mittagundi?

Mittagundi is not just another bush camp. For over 40 years Mittagundi has been transforming the lives of young people by providing them with two things – what they want and what they need. The uniqueness of Mittagundi lies in its community and holistic approach to life. When young people come to Mittagundi they find a second home, a place to be themselves, a place where they are accepted and valued. Connection with Mittagundi is often life long, with young people choosing to return again and again to reconnect with the people, the place, and the animals.

The farm and holistic living provide an important avenue for young people to feel useful and discover their resourcefulness. Providing them with opportunities to contribute to the property through fencing, milking the cows, feeding the horses and the chickens, chopping the wood, planting, harvesting, and preserving the crops, working in the forge or joinery helps them to feel connected with their abilities and provides them with some crucial respite from their usual technology driven world.



Mittagundi prides itself on offering opportunities to as many young people as possible. In saying this we need to be able to offer the correct support where necessary. Mittagundi is not a therapeutic outdoor education centre. We can accommodate young people with special needs and this process begins by having a conversation with our director/s.

How we Immerse Ourselves in a Simple life:

Mittagundi is an off grid working farm where modern world items are unnecessary. There is no power, internet or mobile phone reception. At the start of the program, we will ask that you hand in all your modern world items:

- Electronic devices:
 - Phones, iPads, kindles, earphones/pods, chargers, battery banks, vapes, etc.
- Time keeping devices e.g., watches.
- Magazines and books.
- Food and drink including lollies, soft drinks and chewing gum.
- Pocket knives, matches or lighters.
- Makeup.
- Anything that comes in a pressurised container e.g., deodorant (underarm roll on is ok).

Mittagundi operates a drug and alcohol-free program, so please do not bring tobacco, **vapes** or other unprescribed drugs or alcohol.

Medications and Valuables:

The staff work hard to do a great job of caring for you. You'll need to hand in all medications and any other valuables for safekeeping. Please trust the staff and cooperate with them, as it is in your best interest that they help you with any injuries or medical concerns you may have.

Dietary Requirements

Mittagundi does not use nuts in the food during programs and we do everything in our power to minimise the likelihood of anyone encountering an allergen, however we cannot guarantee it is a nut-free environment. We will do our absolute best to cater for any dietary needs stated on medical forms that we receive prior to the program.

FAQs:

Do I need money?



Only if you would like to purchase merchandise directly from Mittagundi. We recommend looking at the merch options on our website so you know how much cash to bring for what you may like. If we do not have the item in stock, you can choose something else or buy it later from the website. Note, it MUST be cash.

What if I don't have everything on the gear list?

Bring what you can, let us know what you don't have when you arrive and the team here at Mittagundi will be more than happy to show you our gear shed where we can lend you most of what you may need.

Can I arrive later than the others?

All participants of a Mittagundi program must arrive at the same time. Participants arriving late due to sporting or other commitments miss crucial information about Mittagundi and the events for the duration of the stay. It is also essential that all participants start together and work towards completing the program together.

Last but certainly not least:

Mittagundi is all about co-operation. There are no clocks, timetables, or rosters. There are always lots of jobs to do, on and off the property. We always operate on a volunteer basis, and you must come along with a commitment to do your share, in the hard times and the good.

