

10-Day Itinerary

Day 1	Pick up from the train station and travel to the location of the first night.
Day 2	First day of the hike, camping overnight.
Day 3	Second day of hike, arrival to Mittagundi, first night's stay in the cabins.
Day 4	A day out abseiling and/or a day on the farm.
Day 5	A day out abseiling and/or a day on the farm.
Day 6	A day whitewater rafting or sledding and/or a day on the farm.
Day 7	A day whitewater rafting or sledding and/or a day on the farm.
Day 8	First day of the hike out, camping overnight.
Day 9	Second day of the hike out, camping overnight.
Day 10	Travel and drop off to the train station.



Please note the following:

- Safety is the number one priority and because of this, the itinerary may change to accommodate for a safer program.
- Weather is out of Mittagundi's control but naturally factors into the safety of a program.
- All young people need to know that they will be handing in their modern world items upon arrival. Refer to the 'What You Should Know About Mittagundi' document for more details.

Farm Days:

A farm day at Mittagundi is heavily based around the weather and what is happening on the farm that week/ time of the season etc. Lots of things factor into which farm jobs are undertaken during a course. A farm day is usually (not always) split into four quarters: after breakfast until morning tea, morning tea until lunch, lunch until afternoon tea and afternoon tea until dinner. This allows participants the opportunity to rotate around several farm jobs in a day. Farm jobs include chopping wood, fencing, gardening, cooking in the kitchen, taking care of the animals, milking our cow/s, creating items in the forge and joinery, spending time in the orchard and so much more.

Hike Ins and Outs:

These are overnight hikes involving camping. Part of the challenge of a 10-day program is hiking with a backpack that has everything you need for the hike; food, water, clothes, tent part/s, sleeping equipment and other essentials. When we get to our camping spot, you'll learn how to set up a campsite for a group. This will involve collecting water, starting fires for cooking, cooking, settling the horses and setting them up for their night (if they join the hike), setting up tents, setting up 'Doug' (if you don't know Doug, you soon will. Doug isn't human). Hiking in and out of Mittagundi has been a tradition for over 40+ years and has been both challenging and rewarding for many young people. It's an opportunity to learn and become more comfortable moving and sleeping up amongst our mountains.



Rafting/Sledding:

This takes place on the Mitta Mitta River and is a chance for the young people to connect with the river. It is also a reward for the perseverance and resilience that is required on the hike. Whether we will be rafting or sledding depends on the river level at the time, the weather and temperature and the group participating.



Abseiling:

This takes place on a cliff that overlooks the Mitta Mitta River. It is approximately 20m to abseil down.

Whether you have abseiled before or not, the team will take good care of you and will provide, set up and guide you through the entire abseil experience. It is another great day of learning, challenging yourself and another rewarding experience.

Communication Whilst on Program:

Mittagundi is an off-grid farm in a well-known communication blackspot. Our normal mode of communication is via a landline however, this landline needs to be reserved for phone calls coming in, emergencies and farm operating business. We ask for the willingness and understanding from parents and young people that there is no communication on program unless in an emergency.

